



***Instilling Confidence***

What are your thoughts on instilling confidence in others?

---

---

---

What are your thoughts on instilling confidence in yourself?

---

---

---

Describe somebody you know or have known who was/is confident in a particular area. How was this confidence displayed? What was the impact of that confidence on others? Is there any area of your life where you would like to have more confidence? How would you go about getting it?

---

---

---

---