Nobody hates me more than I; No enemy have I to-day That I so bravely must defy; There are no foes along my way, However bitter they may be, So powerful to injure me As I am, nor so quick to spoil The beauty of my bit of toil.

Nobody harms me more than I; No one is meaner unto me; Of all the foes that pass me by I am the worst one that I see. I am the dangerous man to fear; I am the cause of sorrow here; Of all men 'gainst my hopes inclined I am myself the most unkind.

I do more harmful things to me Than all the men who seem to hate; I am the fellow that should be More dreaded than the works of fate. I am the one that I must fight With all my will and all my might; My foes are better friends to me Than I have ever proved to be.

I am the careless foe and mean; I am the selfish rival too; My enmity to me is seen In almost everything I do. More courage it requires to beat Myself, than all the foes I meet; I am more traitorous to me Than other men could ever be.

In every struggle I have lost I am the one that was to blame; My weaknesses cannot be glossed By glib excuses. I was lame. I that would dare for fame or pelf Am far less daring with myself. I care not who my foes may be, I am my own worst enemy.

Edgar Albert Guest (1881-1959)

L