The Person Who's Down

It is well enough to cheer for the sister or brother who is up,
It is fine to praise the one who has captured victory's cup;
But don't keep your kind words always for the person who's won renown,
For the person who really needs them is the one who is down.

Give a cheer when folks deserve it, shout your praise for them to hear, Don't reserve your admiration till a person is on their bier, But remember as you wander every day about the town That a kind word will work wonders for the sister or brother who is down.

For the person on top is happy, and has a thousand friends,
They can always get a kind word, no matter where they wend,
But the sister or brother who is striving to attain a laurel crown
Often needs a friend to help them. Don't neglect the sister or brother down.

Edgar Albert Guest (1881 to 1959)