



“Believe in Yourself.”

What does: *“Believe in Yourself.”* mean to you? Please give a practical example.

What does; *“A great deal of talent may be lost for the want of a little courage.”*— John Wooden mean to you? How does it fit in here?

How does; *“Don’t shrink. Don’t puff up. Stand your sacred ground.”* – Brene’ Brown apply? How do all these ideas fit together in terms of practical application?
