



It's Nice to Be Nice: Five Levels of Consideration for Others

- **Level 3: Consideration for Others Who Treat You Poorly**

Maintain respect and composure even when others are unkind. Your behavior reflects who *you* are, not how they treat you. Can you give an example?

- **Level 4: Proactive Consideration for Others Who Treat You Poorly**

Go beyond tolerance. Pro-Actively seek ways to help and support people who criticize or mistreat you. Help others before you're asked for help. Can you give an example?

- **Level 5: Unconditional, Proactive Consideration with No Expectation of Return**

The highest level of character. You seek out to proactively help others who treat you poorly with no agenda for yourself. Can you give an example?
