



## Today's Adversity Is Preparation for Tomorrow's Adversity

What does the idea "Today's Adversity Is Preparation for Tomorrow's Adversity" mean to you?

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How could approaching adversity as preparation for future success as opposed to a burden improve your attitude for dealing with problems.

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How does the idea "No Problems -Only Opportunities" fit in with this mind set? How could you implement it as a group mindset?

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