



“Happiness From Within”

How would giving a child approval on their accomplishments without comparing them to others be beneficial or would it?

Does the fact that some young people base their success on the number of likes they get on a social media platform pose a challenge? Why?

How could you apply Joshua Wooden’s idea “Never try to be better than someone else” as a practical matter? Give a specific example. How would you inspire others with this idea and make the behavior part of your culture?
