

Less is More

| What does the phrase "Less is More" mean to you? |
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| Give an example of a teacher, coach or supervisor who was effective by using the "Less is More" approach. |
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| How does the idea "Less is More" connect with the idea of disconnecting from work, email, social media or cell phone to refresh yourself and improve performance? Are there parts of your life you could better apply this idea? |
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