



Have one team, not regulars and substitutes.

In addition to an athletic team, what are some other areas of life where applying this idea could be beneficial?

Use one of the additional areas of life you listed where this idea would be beneficial and list some of the specific behaviors of all involved which would promote the idea of one team, not regulars and substitutes.

Are there people in your professional or personal life that you could do a better job of treating like a teammate and not just a substitute?
