



Part Two: The future may be when you wish you had done what you are not doing now.

Do you worry too much about what others think about you? Do you spend too much time comparing yourself to others? How can you improve in these areas?

Are you too concerned about making mistakes? Do you embrace change? How can you improve in these areas?

When things don't go well do you hang on to the bad result and/or resentment for too long? How can you improve in this area?
