

The worst thing you can do for those you love is to do the things they could and should do for themselves.

Describe a person you know or have known who has insisted you do for yourself the hings you should even though it would have been easier for them and you if they come and you if they come in the come is the com
Vhat have been the long term results?
s there somebody you are doing too much for that they could and should do hemselves? How can you fix that?