



SUCCESS VS. WINNING

“WINNING SEEMS SO IMPORTANT, BUT IT ACTUALLY IS IRRELEVANT. HAVING ATTEMPTED TO GIVE OUR ALL IS WHAT MATTERS- AND WE ARE THE ONLY ONES WHO REALLY KNOW THE TRUTH ABOUT OUR OWN CAPABILITIES AND PERFORMANCE. DID WE DO OUR BEST AT THIS POINT IN OUR LIFE?”

COACH JOHN WOODEN

QUESTIONS FOR YOUR THOUGHTFUL CONSIDERATION:

DO YOU AGREE WITH COACH WOODEN’S STATEMENT ON WINNING?

WHY? OR WHY NOT?

HOW HAS YOUR LIFE, WORK, OR FAMILY BEEN IMPACTED BY THE “PRESSURE” TO WIN?

IDENTIFY A TIME OR SITUATION IN YOUR LIFE, WORK, OR FAMILY, WHEN YOU KNOW FOR SURE YOU GAVE YOUR BEST. WHAT WAS THE RESULT OF THAT EFFORT?

